



Book of Common Prayer Top Ten

Daily Devotions

for Individuals and Families - 137-143

A short form of family prayer for morning, noon, and night. All ages.

Morning Prayer - 75-102

Noonday Prayer - 103-107

Evening Prayer - 115-126

These prayers, called the Daily Office, are best suited for older elementary through adulthood.

Compline - 127-135

Known as the "bedtime prayers of the church".

Prayers and Thanksgivings - 810-812

A collection of prayers for nearly every occasion.

Psalms/Psalter - 585 – 808

Praying a psalm each day is a great way to offer praise to God and inspire your life.

Outline of Faith - 845 – 862

A concise explanation of general theological questions and the commonly held beliefs of the Episcopal Church.

Daily Office Lectionary - 926 – 1001

A guide to the two year cycle of daily scripture readings. Also found online at prayer.forwardmovement.org/daily-readings.

Sunday Lectionary

A guide to the three year cycle of weekly scripture readings. Also found online at lectionarypage.net.

For Families

Almighty God, our heavenly Father, who settest the solitary in families: We commend to thy continual care the homes in which thy people dwell. Put far from them, we beseech thee, every root of bitterness, the desire of vainglory, and the pride of life. Fill them with faith, virtue, knowledge, temperance, patience, godliness. Knit together in constant affection those who, in holy wedlock, have been made one flesh. Turn the hearts of the parents to the children, and the hearts of the children to the parents; and so enkindle fervent charity among us all, that we may evermore be kindly affectioned one to another; through Jesus Christ our Lord. *Amen.*

For the Care of Children

Almighty God, heavenly Father, you have blessed us with the joy and care of children: Give us calm strength and patient wisdom as we bring them up, that we may teach them to love whatever is just and true and good, following the example of our Savior Jesus Christ. *Amen.*

For Young Persons

God our Father, you see your children growing up in an unsteady and confusing world: Show them that your ways give more life than the ways of the world, and that following you is better than chasing after selfish goals. Help them to take failure, not as a measure of their worth, but as a chance for a new start. Give them strength to hold their faith in you, and to keep alive their joy in your creation; through Jesus Christ our Lord. *Amen.*

A Prayer for Parents

Almighty God, giver of life and love, bless N. and N. Grant them wisdom and devotion in the ordering of their common life, that each may be to the other a strength in need, a counselor in perplexity, a comfort in sorrow, and a companion in joy. And so knit their wills together in your will and their spirits in your Spirit, that they may live together in love and peace all the days of their life; through Jesus Christ our Lord. *Amen.*

When praying together, "us" and "we" may be substituted.



MY LORD GOD,

**I have no idea where I am going.
I do not see the road ahead of me.**

**Nor do I really know myself,
and the fact that I think that I am
following your will does not mean
that I am actually doing so.**

**But I believe that
the desire to please you
does in fact please you.**

**And I hope that I have that desire
in all that I am doing.**

**I hope that I will never do anything
apart from that desire.**

**And I know that if I do this
you will lead me by the right road
though I may know nothing about it.**

**Therefore will I trust in you always
though I may seem to be lost and in
the shadow of death. I will not fear,
for you are ever with me, and you will
never leave me to face my perils alone.**

**Make these words more than words
and give me the Spirit of Jesus.**

Amen.

*Thomas Merton's
Prayer for the Day*

The Examen

An Ignatian Practice

1. Become aware of God's presence.
2. Give thanks.
2. Review the day.
3. Pay attention to your emotions.
4. Take responsibility for your actions.
4. Choose one feature of the day and pray about it.
5. Look toward tomorrow with hope.