



# Beef & Vegetable Soup

A RECIPE FOR ST. JOHN'S FEEDING MINISTRY

## ingredients

- 2 40oz cans of beef broth
- 2lbs hamburger
- 1 small bag of frozen onions
- 1 cup chopped celery (optional)
- 1 28oz can diced Italian tomatoes
- 1/2 cup of macaroni
- 1 30oz bag mixed frozen vegetables
- 1 tbsp dried parsley
- 1 tsp black pepper
- 1 tsp salt

## directions

- Brown and drain hamburger
- Add onions, broth, celery, tomatoes, salt, pepper, and parsley. Bring to a boil.
- Reduce heat to simmer, add frozen vegetables and pasta.
- Simmer for 8 minutes (until pasta is al dente).
- Allow soup to cool, place in 2 large freezer bags or 2 aluminum containers.
- Bring to church and leave in kitchen freezer with **Beef & Vegetable Soup** written on the container.