

This form of prayer, flowing from Scripture, was introduced by the African Delegation to the Lambeth Conference of the Anglican Church. In some ways, it is similar to the Lectio Divina (a reflective reading and praying of Scriptures).

Opening Prayer: O blessed Lord, who caused all Holy Scriptures to be written for our learning. Grant us so to hear them, read, mark, learn, and inwardly digest them, that we may embrace and hold fast the blessed hope of everlasting life, which you have given us in our Savior Jesus Christ. Amen.

- One person reads the passage aloud slowly.
 - Without speaking, each person identifies the word/phrase that catches their attention (1 minute).
 - Each person shares the word or phrase around the group (1 minute, no discussion).
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- Another person reads the passage aloud slowly.
 - Without speaking, each person identifies where this passage touches their life today (2 minutes).
 - Each person shares (5 minutes).
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- The passage is read a third time.
 - Each person writes their answer to: "From what I've heard and shared, what do I believe God wants me to do or be? Is God inviting me to change in any way? (5 minutes).
 - Each person shares their answer (5-10 minutes).
 - Each person prays for the person on their right, naming what was shared in the other steps (5 minutes).
 - Close with the Lord's Prayer together and a few moments of silence.



A similar process can be done alone as a form of personal discernment.

An open Bible with a yellow ribbon bookmark is shown in the background. The pages are slightly blurred, and the lighting is warm, highlighting the texture of the paper and the ribbon.

African Bible Study Method